

Canyons School District Health Guidelines

Condition	Exclusion/Non-Exclusion Criteria
Colds or Persistent Cough	Students need to remain home if they feel unwell, have an excessive runny nose, excessive coughing, excessive sore throat, difficulty breathing, or are unable to participate in routine school activities.
COVID-19	Exclude until fever free for 24 hours, respiratory symptoms have improved for 24 hours, and it has been at least 10 days since symptoms began, or 10 days since test date if asymptomatic.
Diarrhea (increased number of loose, watery stools compared with the child's normal pattern)	Students need to remain home until symptom free for 24 hours or their healthcare provider has cleared them to return to school.
Marked Drowsiness or General Malaise	Exclude student if unable to actively participate in routine school activities. Student may return once symptoms resolve.
Fever	 Student will be excluded for a temperature of 100.4 degrees F or greater. Student may return to school when they have been fever free (less than 100.4 degrees F) without using fever reducing medication for at least 24 hours.
Headache	 Exclude from school and notify parents and healthcare provider if sudden severe headache with vomiting or stiff neck that might indicate meningitis. No exclusion for common headaches as long as it does not compromise their ability to participate in school activities.
Influenza (Flu) Types A & B	Exclude if the student feels unwell, has a fever, or is unable to participate in school activities. Student may return when they are fever free for 24 hours without using fever reducing medications.
Pinkeye (Conjunctivitis) ● Purulent Conjunctivitis	Exclude: Purulent Conjunctivitis defined as pink or red eye with white or yellow discharge, often with matted eyelashes, eye pain, or redness of the eyelids or skin around the eye.
Non-Purulent Conjunctivitis	No exclusion: Non-Purulent Conjunctivitis defined as pink eye with a clear, watery eye discharge without fever, eye pain, or eyelid redness.
Rash with a fever	Follow fever exclusion guidelines. Student may return after a healthcare provider determines the illness is not a communicable disease.
Sores (Any skin lesion in a weeping stage)	No exclusion required if covered and/or health care provider confirms the sore is non-infectious. Student may return when the lesion can be covered or is deemed non-infectious by a healthcare provider.
Strep Throat	Positive strep cases will be excluded from school until the student has received 12 hours of antibiotic treatment, feels well enough to participate in school activities, and is fever free.
Stomachache	Student should stay home if they are in severe pain, doubled over, crying, screaming, abdominal injury, diarrhea, vomiting, looks and acts ill. Student may return when symptoms resolve. Severe abdominal pain should be evaluated by a healthcare provider.
/omiting	Exclude. Student may return to school when symptom free for 24 hours.