ANNOUNCEMENTS

calendar

11/15 CANYONS YOUTH SYMPHONY ORCHESTRA 4-5:30 PM IN THE KIVA 11/16 BOOK CLUB (GAME CHANGER BY GREENWALD) 3-3:45 PM IN THE LIBRARY 11/16-19 MUSICAL REHEARSAL 3-4 PM EACH DAY IN THE KIVA 11/17 CHESS CLUB 2:50-3:20 IN ROOM #503 (LARSON) 11/15 CANYONS YOUTH SYMPHONY ORCHESTRA 4-5:30 PM IN THE KIVA 11/23 MUSICAL REHEARSAL 3-4 PM IN THE KIVA 11/24 PM IN THE KIVA

AFTER-SCHOOL TUTORING

MATH: WEDNESDAYS, 3-3:30 PM IN MATH TEACHER'S CLASSROOM DEBATE: THURSDAYS, 3-3:30 PM ART: TUESDAYS & THURSDAYS, 2:50-3:20 PM ALL SUBJECTS: MONDAYS, IN THE CASTLE (ROOM 402)

- From phones and tablets to streaming movies and YouTube, tech and media are everywhere, families can keep media and tech use in check by following a few simple practices:
 - Create screen-free times and zones.
 - Try parental controls.
 - Establish clear family rules.
 - Watch and play together.
 - Help kids identify healthy behaviors.
 - See the attached document above for more information.
- The Canyons Family Center's second session of classes starts in November. If you're looking for additional supports for your student or as a parent/guardian, refer to their attached schedule for details. Short-term counseling is also available. See the attached document above for more information.
- Come support the Albion Middle School Choir as they perform the National Anthem on Nov. 19 (7 PM @ The Maverik Center) at a Utah Grizzlies Hockey Game. For tickets to the game visit:

fevo.me/AlbionMiddleGrizzlies (see attached flyer).

 The "Utah Jazz Most Valuable Educator," presented by Instructure, invites the Utah community to nominate local educators who are making an impact in their schools and communities and who are an inspiration in the lives of their students. Nominate your favorite Albion educator today by going to nba.com/jazz/MVE.